

My Story

What I thought mattered

Homecoming Queen



4.0





Champion









When ED ruled my Life:

- Mean
- Rude
- Dishonest
- Manipulative
- Egocentric/ Selfish
- Shameful
- Rigid
- I became a different person

Treatment

- 6 treatment facilities
- Avalon Hills saved my life

What it cost financially

- To pay for treatment my family:
 - Sold my horses
 - Sold majority of our farm in Kentucky
 - Used my college fund
 - Used part of my parents retirement fund
 - Sold our RV
 - Mortgage loans and an equity line of credit on our house.
 - Dad's business was threatened with bankruptcy

I no longer label myself as an Eating
Disorder.

I got help.

Who can *you* help?